



Joining the Poughkeepsie Farm Project

Thank you for your interest in becoming a **member** of the PFP and joining us in working toward our goal of good food for all!

Why become a member?

- To join us in working towards a just and sustainable food system in the Mid-Hudson Valley, supporting our education and food justice programs
 - To receive our newsletter and e-mails about PFP activities and other local food and farming topics
 - To receive a member discounts at the PFP booth at the Poughkeepsie Farmers' Market and at PFP events
 - To join the PFP Board or committees and help guide the organization
 - To become eligible to be a CSA shareholder, space permitting, for the PFP CSA or Veritas Farms CSA at the PFP
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Our mission: The Poughkeepsie Farm Project is a non-profit organization that works toward a just and sustainable food system in the Mid-Hudson Valley by operating a member-supported farm, providing education about food and farming, and improving access to healthy locally-grown food.

What do your PFP membership contribution and additional pledges support?

- To **improve access** for the many families whose income level or location of residence are barriers to securing healthy food, the PFP makes 25% of the 60 tons of produce we harvest each year available to low-income members of our community by providing subsidized CSA shares; donating high quality fresh food through the emergency food system; and managing the downtown farmers' market.
- To counteract ecologically destructive agriculture that undermines our continuing ability to produce food, the PFP seeks to demonstrate successful **sustainable agriculture** practices.
- To help our youth re-connect to their bodies, to food, and to health in the midst of a childhood obesity epidemic, the PFP provides **positive fresh food learning experiences** to support healthy eating choices for hundreds of youth each year – on the farm, in the newly established high school garden and at other community gardens and venues, with a scholarship fund for limited resources groups.
- To ensure that the next generation will be able to produce food and that, in the context of increasingly scarce energy resources, regional agriculture is possible, the PFP **trains future farmers** with the skills to operate diverse farms that serve local markets.
- To protect the security and biodiversity of our food system, the PFP selects, grows, saves and **shares seeds** that grow well in our region and spreads seed saving knowledge.
- To influence our local food system so that it is centered on providing convenient access to healthy food for all, the PFP is spearheading an effort to bring stakeholders together to assess Poughkeepsie's food security, create a plan for a **hunger-free community** and establish a food policy council.

If you are able, we invite you to consider a generous gift, with our gratitude for your critical support in helping make these community initiatives possible.

2011 PFP Membership Form

1. Tell us how to reach you (please write legibly):

Name	Spouse/Partner
Street	City/Zip
Email (please write legibly)	Telephone
Occupation / Employer My company has matching gifts: _____ Yes, I have enclosed my forms _____ No	

2. Select PFP Membership Level:*

\$25 – Base/Low Income: Receive PFP’s seasonal newsletter, a 10% discount at the PFP stand at the Poughkeepsie Farmers’ Market, a member discount for PFP events, and eligibility to become a CSA shareholder (space permitting)

\$50 – Suggested: Receive Base/Low Income benefits plus 2 plants at the Spring Plant Sale

\$100 – Sustaining: Receive Suggested benefits plus a PFP merchandise item of your choice

\$250 – Generous: Receive Suggested benefits plus two PFP merchandise items of your choice

\$1000 – Benefactor: Receive Generous benefits plus a basket of local food items

*All membership contributions are tax-deductible. Thank you for helping to make our food justice and education programs possible!

3. Tell us about your volunteer interests:

Check any areas you are interested in volunteering in:

<input type="checkbox"/> Farmers’ Market	<input type="checkbox"/> Food Share Transportation	<input type="checkbox"/> Buildings and Grounds	<input type="checkbox"/> Soup-A-Bowl
<input type="checkbox"/> Meditation Garden	<input type="checkbox"/> Making Herbal Products	<input type="checkbox"/> Board of Directors	<input type="checkbox"/> Making Pottery
<input type="checkbox"/> Seed Garden	<input type="checkbox"/> Processing Seeds	<input type="checkbox"/> Finance Committee	<input type="checkbox"/> A Seat at the Table
<input type="checkbox"/> Leading Farm Visits	<input type="checkbox"/> Newsletter (photos/writing)	<input type="checkbox"/> Organizing Events	<input type="checkbox"/> Other:

4. Please check one:

- I would like to be (or remain) on the PFP CSA waiting list.
- I am not requesting to be on the PFP CSA waiting list.

5. Enclose your check:

A. Choose your PFP membership level (tax deductible) – required for CSA shareholders:	\$25 Low-income	\$
	\$50 Suggested	
	\$100 Sustaining	
	\$250 Generous	
	\$1,000 Benefactor	
B. Make an optional additional donation (tax deductible) to support PFP's programs:	Sponsor a family in need <input type="checkbox"/> \$25 sponsors a family in need for a week <input type="checkbox"/> \$110 for a month <input type="checkbox"/> \$600 for the season	\$
	Education and Food Justice work	\$
	Capital Improvement Fund	\$
Amount Enclosed:		\$

Make checks payable to Poughkeepsie Farm Project and send to P.O. Box 3143, Poughkeepsie, NY 12603. **Questions?** Check out our website at farmproject.org or contact us: 473-1415 or info@farmproject.org.

PFP Office:
Date Received: _____ Check No.: _____ Amount: _____