



# Joining the Poughkeepsie Farm Project

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Thank you for your interest in becoming a **member** of the PFP and joining us in working toward our goal of good food for all!

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## Why become a member?

- To join us in working towards a just and sustainable food system in the Mid-Hudson Valley, supporting our education and food justice programs
  - To receive our newsletter and e-mails about PFP activities and other local food and farming topics
  - To receive a member discounts at the PFP booth at the City of Poughkeepsie Farmers' Market and at PFP events
  - To join the PFP Board or committees and help guide the organization
  - To become eligible to be a CSA shareholder, space permitting, for the PFP CSA or Veritas Farms CSA at the PFP
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**Our mission:** The Poughkeepsie Farm Project is a non-profit organization that works toward a just and sustainable food system in the Mid-Hudson Valley by operating a member-supported farm, providing education about food and farming, and improving access to healthy locally-grown food.

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We are **very grateful** for your membership contribution and additional support pledges for 2010, which enables us to:

Make 25% of the food we harvest available to low income members of our community through **Food Share**, which includes sponsored CSA shares, food donations and the City of Poughkeepsie Main Street Farmers' Market, which we also manage. A sponsored share participant recently told us: *"I appreciated that [a sponsored share] was affordable for me and my family. I thought it was just wonderful – it really was. And it was a really nice experience to take the kids with me and have them pick out the vegetables. It is difficult to get to the supermarket, and the food is expensive, so we were just getting canned green beans. For the kids it's important for them to be able to eat healthy."*

Train future farmers, provide youth from urban areas with hands-on farming and cooking experiences, produce and distribute regionally-adapted and open-pollinated seeds while disseminating knowledge about seed saving through **City Seeds**. One of the participants wrote: *"[This program] has provided me with a wonderful opportunity to have real farming experience while being in close proximity to a complex and exciting city. While farming alone is important, being in contact with the people who benefit from the food, help us grow it, come for a visit, etc., is even more valuable. [This program] is diverse that makes days on the farm engaging and meaningful whether it be working with Green Teens, tending to the seed garden, cooking with teens, discussing food access or planting broccoli. Not many farms give such a well-rounded experience!"*

Offer our working farm as a resource for hands-on learning for a wide diversity of individuals and groups through **Community Education** farm tours, youth education programming and workshops. One of the groups that visited this year wrote: *"Thank you all so very much for organizing such wonderful farm visits for the children...The programs you created were fun and informative, and the food was delicious! The children named the trips to the farm as their favorite experiences of the summer."*



# 2010 PFP Membership Form

## 1. Tell us how to reach you (please write legibly):

Name \_\_\_\_\_

Spouse/Partner \_\_\_\_\_

Street \_\_\_\_\_

City/Zip \_\_\_\_\_

Email \_\_\_\_\_

Telephone \_\_\_\_\_

## 2. Select PFP Membership Level:\*

**\$25 – Base/Low Income:** Receive PFP’s seasonal newsletter, a 10% discount at the PFP stand at the City of Poughkeepsie Farmers’ Market, a member discount for PFP events, and eligibility to become a CSA shareholder (space permitting)

**\$50 – Suggested:** Receive Base/Low Income benefits plus 2 plants at the Spring Plant Sale

**\$100 – Sustaining:** Receive Suggested benefits plus a PFP merchandise item of your choice

**\$250 – Generous:** Receive Suggested benefits plus two PFP merchandise items of your choice

**\$1000 – Benefactor:** Receive Generous benefits plus a basket of local food items

\*All membership contributions are tax-deductible. Thank you for helping to make our food justice and education programs possible!

## 3. Tell us about your volunteer interests:

Check any areas you are interested in volunteering in:

<input type="checkbox"/> General Field Work	<input type="checkbox"/> Publicity	<input type="checkbox"/> Farmers Market	<input type="checkbox"/> Finance Committee
<input type="checkbox"/> Meditation Garden	<input type="checkbox"/> Newsletter (photos/writing)	<input type="checkbox"/> Events Committee	<input type="checkbox"/> Fundraising Committee
<input type="checkbox"/> Carpentry	<input type="checkbox"/> Fundraising Events	<input type="checkbox"/> Leading on farm groups	<input type="checkbox"/> Program Planning
<input type="checkbox"/> Seed Project	<input type="checkbox"/> Grant Writing	<input type="checkbox"/> Other:	<input type="checkbox"/> Board of Directors

## 4. For Veritas CSA shareholders and others waiting for a PFP share (please check one):

I would like to be (or remain) on the PFP CSA waiting list for 2011

I am not requesting to be on the PFP CSA waiting list for 2011.

## 5. Enclose your check:

<b>A. Choose your PFP membership level</b> (tax deductible) – required for CSA shareholders:	<b>\$25 Low-income</b>	\$
	<b>\$50 Suggested</b>	
	<b>\$100 Sustaining</b>	
	<b>\$250 Generous</b>	
	<b>\$1,000 Benefactor</b>	
<b>B. Make an optional additional donation</b> (tax deductible) to support PFP's programs:	<b>Sponsor a family in need</b> <input type="checkbox"/> \$25 sponsors a family in need for a week <input type="checkbox"/> \$100 for a month <input type="checkbox"/> \$550 for the season	\$
	<b>Education and Food Justice work</b>	\$
	<b>Capital Improvement Fund</b>	\$
<b>Amount Enclosed:</b>		<b>\$</b>

My company has matching gifts: \_\_\_\_\_ Yes, I have enclosed my forms. \_\_\_\_\_ No.

Make checks payable to Poughkeepsie Farm Project and send to P.O. Box 3143, Poughkeepsie, NY 12603. **Questions?** Check out our website at [www.farmproject.org](http://www.farmproject.org) or contact us: 845-473-1415 or [info@farmproject.org](mailto:info@farmproject.org).

PFP Office: \_\_\_\_\_

Date Received: \_\_\_\_\_

Check No.: \_\_\_\_\_

Amount: \_\_\_\_\_