

Looking for an easy, efficient way to get healthy, local vegetables this season?

VERITAS FARMS

The truth is on the table

Poughkeepsie area residents: Certified Naturally Grown vegetable shares! The season begins in June.

Join the **Veritas Farms C.S.A, at the Poughkeepsie Farm Project.** Every **Monday from 4-7pm**, June 21- Oct. 25. Pick up at the Vassar Farm, at the intersection of Raymond & Hooker Aves., Poughkeepsie. This is a traditional C.S.A., where each week you pick up a bounty of fresh vegetables. For example, a weekly share might be: 1 head of lettuce, 2 eggplant, 2 lbs. of tomatoes, a bunch of basil, 4 cucumbers, a pint of string beans and a bunch of Swiss chard. A great choice for families who want to eat fresh, local, organic-style vegetables while supporting a Hudson Valley family farm.

Priced at \$425.00, a savings of over \$100.00 retail price!

C.S.A Enrollment Form

Please detach and send with payment of \$425 or \$450 which includes a Thanksgiving share. Payable to Veritas Farms, 32 Rousner Lane, New Paltz NY 12561 tel: 845-384-6888.

Name _____

Phone _____

Email _____

Veritas Farms
32 Rousner Lane, New Paltz, NY, 12561
845-384-6888
www.veritasfarms.com